North Yorkshire County Council

Cowling Community Primary School

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5/2/21

Dear Parents and Carers,

We have had quite some weather this week and it was lovely to see photographs of the children playing in the snow. However, I know snow causes a great deal of inconvenience and am grateful to our key worker families for their understanding as, like many schools, we had to close due to the conditions. As you are aware, we always try our very best at Cowling to stay open if we possibly can but unfortunately Tuesday's snowfall was heavier than anticipated.

I have been so impressed by all the wonderful photos which have been sent in for our "Do-ing Challenge" launched last week. Given the huge increase in working online, it is good to know families are spending time away from screens where they can. There are some great videos and pictures on our facebook page of children exercising, singing, baking, caring for animals, painting, playing games and making models. facebook.com/cowlingcommunityprimaryschool No jokes as yet but am sure we have some great comedians within our ranks!

This week has been Children's Mental Health Week and resources and further information are available by clicking here www.childrensmentalhealthweek.org.uk Next Friday your child's teacher will be encouraging families to spend some time away from screens and focus on "Do-ing" rather than watching and typing which can take over all our lives. Devices and gadgets have become a very useful tool but they can also become a 24/7 demand. Unplugging yourself and turning to more active, collaborative or creative projects can be really beneficial in boosting well-being. Please send your "Do-ing challenge" photos to headteacher@cowling.n-yorks.sch.uk If your child is becoming at all anxious or worried please let teachers know and we will try to help as much as we can.

With best wishes,

Susan Marshall
(Headteacher)