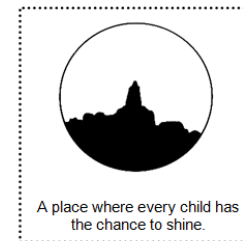


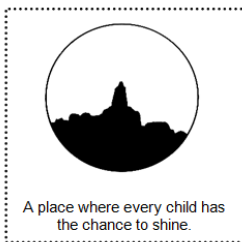
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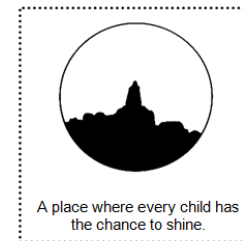


Primary PE Sport Grant Report 2016 - 2017

Primary Sports Grant Awarded			
Total Numbers of Pupils on Roll		140	
Value		£8,000	
Summary of PPSG 2016 - 2017			
<p>Objectives of spending PPSG:</p> <ul style="list-style-type: none"> To broaden the sporting opportunities and experiences available at Cowling Primary School To develop teachers PE skills and teaching through CPD opportunities PE provision is judged as good/outstanding by external monitoring To develop an enthusiasm for sport and physical activity and awareness of the importance of exercise in being healthy. 			
Record and Impact of PPSG spending 2014 - 2015			
Objective	Item/Project	Cost	Outcomes
Provide cross curricular opportunities for physical exercise	Sporting Excellence Maths through PE	£2,040	<p>Pupils are aware of the benefits of exercise – heart rate, suppleness and flexibility. Pupils enjoy physical activity and have high self-esteem. Pupils practise skills in a range of contexts.</p> <p>Feedback: Pupil interviews: Y2 Girl "I like to do the games. We do lots of running about and is fun to have exercise." Y2 boy: "I feel really sporty because I am running around."</p> <p>Mrs Emma Pease PE and Maths subject leader: "I have seen children grow in confidence, with their physical skills, during this intervention. It has been great to see children physically active whilst improving their Number skills in Maths." Emma Pease</p>

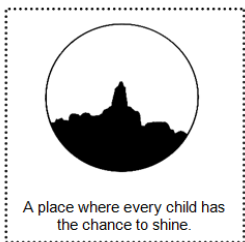


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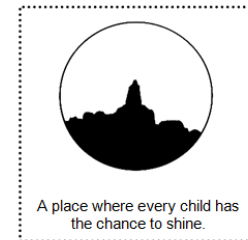


Primary PE Sport Grant Report
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<p>Ensure all pupils involved in additional aerobic sessions to raise awareness of importance of exercise and increase daily exercise.</p>	<p>Wake Up, Shake Up whole school aerobic activities</p>	<p>£60 DVDs</p>	<p>Pupils are aware of the benefits of exercise – heart rate, suppleness and flexibility. 100% of pupils in school involved in additional exercise.</p> <p>Pupil interviews: Y4 boy “I know its important to keep healthy because then you can do more things when you’re older.” Y4 girl: Exercise is important because it makes you feel good.” Parent comment: Mrs Kerry Barton: “I am very pleased with the amount of sport offered at Cowling School, both my children enjoy participating in sports and have both taken part in sports competitions for the school. “I believe that exercise is very important to all ages and think that is it good for children to learn about exercise and sport at a young age, which Cowling School offer. “Taking part in sports can also help teach children about being part of a team and also about working as a team. It can help build confidence as well.”</p>
<p>Maximise numbers of pupils involved in extra- curricular sport by widening range of activities on offer. (after school)</p>	<p>Fund free weekly club from following James Wiggan Basketball/ Cricket/ Football Rounders/ Gymnastics/ Netball Sportscool – multisports, Zumba, dodgeball, football, street dance. Jim Lockyer - Fencing Taekwondo</p>	<p>£500 £200 £200 £696</p>	<p>High numbers of children are involved in inter-schools activities and competitions – There were 102 participants from Cowling in the Autumn and Spring terms. The school has achieved the gold sports active mark for 2016-2017. Pupils are aware of the benefits of exercise – heart rate, suppleness and flexibility. Pupils enjoy physical activity and have high self-esteem. Pupil comment: Y2 girl “It’s fun to have exercise” Y2 boy “I feel sporty running around.” Parent comment: “Both my children enjoy sport and physical exercise and have benefitted from activities within the curriculum, as well as extra-curricular events and tournaments. My son, in particular, enjoys all sports; in particular football, swimming,</p>



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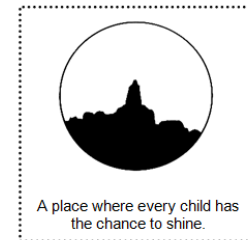


Primary PE Sport Grant Report
2016 - 2017

			<p>basketball and running. He has had opportunities at Cowling School that as a sole parent working full time I have not got the resources or time to provide such as rugby, tennis and netball. He has benefitted greatly from representing his school in tournaments and I feel his confidence has improved, which will set him in good stead for starting secondary school in September.</p> <p>I appreciate that sport at Cowling focuses on teamwork and social participation as well as competition and the qualities of co-operation, positive communication and developing leadership skills are encouraged. There are strong links between sport and healthy lifestyles which I consider important in recognising how fitness and health impacts on quality of life, which can be taken into adulthood. I could not be happier with the sporting opportunities he has had at Cowling School and believe this will foster a lifelong love of participative exercise." Kate Palmer</p>
<p>Ensure more vulnerable pupils and least active are engaged in sport and exercise.</p>	<p>Implement whole school tracking system to monitor engagement.</p>	<p>None</p>	<p>More vulnerable pupils and more reluctant pupils are now taking part in a range of extracurricular sport. There is a whole school focus on the importance of fitness. The profile of being healthy and active is raised in school with more children taking part in activities.</p> <p>Teachers are able to effectively target and encourage the least active children to participate.</p> <p>SLT can offer support to parents to encourage participation in sport and exercise.</p> <p>Susan Marshall SLT comment: "The tracking system is ensuring we are able to target pupils who may be more reluctant to take part in physical activity and monitor their involvement."</p> <p>Pupil comment: Y4 girl "I am really excited about going climbing. I have never done it before and I really want to try. I'll try my best to get as high as I can!"</p>

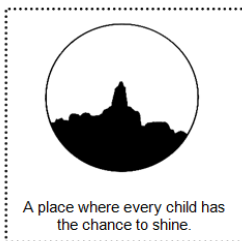


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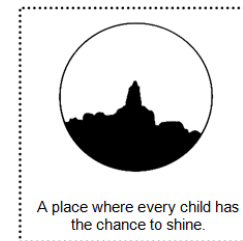


Primary PE Sport Grant Report
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			<p>Parent comment: Mrs Alison Middleton "I think the number of sporting activities available to the children at Cowling school is excellent. Both Ben and Jack have represented the school on many occasions for all different types of sport including Hockey, Football, Rugby, Cricket, Running and Swimming. Both my boys take great pride in representing their school at the competitions. Not only have they represented Cowling School at inter schools swimming gala they have gone on to represent the South Craven district. Both my boys were extremely proud to have done this and were very focused on their own races but also enjoyed working with and encouraging the other children from the South Craven district schools to do well.</p> <p>I believe that sport is extremely important in a child's life both in and out of school. It encourages them to focus on their own performance but also to encourage others and work as part of a team. It gives them the opportunity to socialise with other children in a different environment rather than just in a classroom. I think it improves their confidence and social skills, they can communicate with other children and adults better. I think that taking part in sport gives them a competitive edge that they can use in other aspects of life.</p> <p>If my boys were unable to take part in sports in school I think they would have a lot of pent up energy, I feel exercise and sport gives them the right outlet for that energy to be used.</p> <p>Both my boys are very competitive but they know that winning isn't everything and that it doesn't matter if they win or lose, but they both have the attitude that if they take part in something they will put 100% effort into it as they don't want to let their team or school down! With this attitude I feel like they have the confidence to take most situations in their stride."</p>
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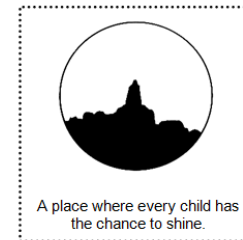


Primary PE Sport Grant Report
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<p>Employing a specialist PE teachers to work alongside teachers to increase their subject knowledge and confidence in PE (CPD)</p>	<p>Kanga Sports Gymnastics training Dance training</p> <p>Caroline Windsor - Netball coaching</p> <p>Upper Wharfedale RUFC</p> <p>Skipton Tennis Club</p>	<p>£2,145</p> <p>£498</p> <p>£320</p> <p>£660</p>	<p>Staff are more confident in teaching gymnastics, netball, tag rugby, tennis and dance. They deliver consistently good PE lessons as shown through monitoring. Pupils receive high quality PE as shown through lesson monitoring. Pupils are aware of the benefits of exercise – heart rate, suppleness and flexibility. High numbers of children from Year 1 to 6 are involved in inter-schools activities and competitions at both district and county level. Pupils report they enjoy PE lessons.</p> <p>Kate Dawson Teacher comment: "It has been very useful to seek the progression of skills, great ideas for using a small space effectively. We have benefited from the resources they bring and have also helped us form links with sports clubs in the community."</p> <p>Pupil comment: Y4 boy: "I like working with different coaches." Y4 girl: "I like having the chance to perform in dance."</p>
<p>To provide extra additional activities involving OAA to engage more pupils whole school.</p>	<p>High Adventure Reception team building activities High Adventure Caving Y5/6 High Adventure Orienteering (Partners Dance School) Ballroom Dancing Outward Bound Subsidise Ullswater Outward Bound residential experience Y5/6</p>	<p>£500</p> <p>£210</p> <p>£1,000</p>	<p>Ensure engaging activities are provided to all pupils from Reception upwards. Extend the range of activities with the aim of engaging more of the least active pupils in school. Children will be offered the opportunity to take part in activities such as dancing, fencing, taekwondo, running, caving, Outward Bound, orienteering, canoeing and teambuilding.</p> <p>Mrs Liz Antal Teacher comment: "This is important as outdoor providers are able to offer activities we cannot replicate in school. The children have been able to put our 8 steps to success into practice in the outdoors as well as the classroom. OAA provides good opportunities for children to develop their teamworking skills."</p> <p>Pupil comment: Y2 Boy: I really liked it when I was in reception</p>



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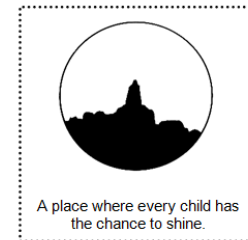


Primary PE Sport Grant Report
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			<p>and we did archery – it was something new.” Y2 Girl: “I liked going into the labyrinth – it was dark but I liked being there with my friends.” Parent/carer comment: “My grand-daughter really enjoyed going to High Adventure. She tried lots of different activities and it helped her make friends and work well with others in her class.”</p>
<p>Subsidise swimming for KS2 pupils for a term and a half.</p>	<p>Pendle Leisure Centre, Colne</p>	<p>£1,500</p>	<p>We subsidise weekly swimming lessons so that by the end of Year 3/4 the majority of our pupils can swim. Cowling is regularly placed in the top three of the swimming gala and went on to form the South Craven team which won the district gala in 2017. Mrs Kate Dawson Teacher comment: “A greater percentage of children are now achieving the national curriculum requirement for swimming. The additional time we spend swimming in the second term ensures 97% of our Y3/4 pupils can swim. The high standard of teaching ensures pupils are also aware of the need for water safety. We have been regularly placed in the top three in the district swimming finals with many of our children going on to the inter-district final which was won by South Craven this year.” Pupil comment: Y4 girl “It has helped me improve my swimming and get into a higher group.” Y4 boy: “I was in the district swimming final and I liked it because I got to compete against people of a high standard. It pushed me further.” Parent comment: Mrs Pam West “Regarding sport at Cowling, apart from the obvious health benefits gained by physical exercise I feel children learn to work together as a team and begin to respect each other’s abilities. Through sport, children learn to win with grace and lose with dignity, and are also guided through coping with disappointments. “I feel these are qualities which will help a child throughout their</p>



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			<p>school life and on into adulthood and also support them through future employment situations. Children also benefit from mixing with children from different schools and also learn how to conduct themselves when in an unfamiliar environment."</p>
Total PPSG expenditure		£8,429	