



Cowling Community Primary School PE and Sports' Premium Spend and Impact 2020 21

<p>Key achievements to date:</p>	<p>Areas for further improvement and baseline evidence of need (focus for 2020-2021): this section will be completed in July 2021.</p>
<p>1. Engagement of pupils in regular physical activity</p> <p>Established pupil tracking system enabling teachers to encourage least active and increase participation in physical activity through cluster sport competitions, Wake-up, shake-up and broadening variety of extra-curricular sports activities and clubs.</p> <p>Increased activity at break and lunchtimes through promoting skipping as an effective break time and lunchtime activity.</p> <p>Increased activity and teamwork at break and lunchtimes through Class 5 sports leaders who promote exercise and activity.</p> <p>Increased activity at lunchtime through additional sports and physical activity coaching two days a week such as handball, football, golf with (Ji) Data shows across the two additional days 91% of children were involved in additional sports and physical activity.</p> <p>Increased opportunities for dance through weekly dance and flexibility sessions with choreographer Helen Howard all year groups from Sept 2019-Feb 2020</p> <p>Success in inter-school cluster competitions and county level events 1st place in Swimming and Netball; 2nd place in football and basketball; 3rd place in Tag Rugby and Kwik Cricket. 5 finalists through to County Cross Country Championships with Year 4 boy winning his race,</p> <p>Gold Sports Mark awarded for participation in sport and physical activity for three years</p> <p>Provided additional swimming lessons enabling Y3 and Y4 pupils to swim for half the academic year (Sept to Feb) with booster swimming for children in Y5 and Y6 enabling them to swim one length</p> <p>EYFS results for Moving and Handling 2017-2019 show 100% of pupils achieved the ELG with strong progress from starting points.</p>	<p>1. Engagement of pupils in regular physical activity 2020-21</p> <ul style="list-style-type: none"> ● Establish This Girls Can Ambassadors C4/5 to provide activities which appeal to less active girls to increase enjoyment of activity. ● Continue to track and target least active. (dance/aerobic leaders) ● Virtual competitions during lockdown Autumn 2020 ● Taking part in weekly challenge activities with Ji in the Autumn term ● Girls Football with Soccer Hub - After school club Spring 2021 (Soccer Hub) ● Set up Beep Test to encourage children and staff to beat their personal best https://www.beepetestguide.com/procedure.htm ● Fitness day/Skip2B Fit day Summer Term ● Skip2B Fit after school club - Summer Term ● Purchase new resources -eg skipping ropes, ● Purchase active wall https://www.activall.co.uk/ ● Establish daily mile route Spring/Summer (due to ground conditions) (Yourtrak app) <ul style="list-style-type: none"> ● Walking: ● Annual The big walk: Classes to walk their hills - Pendle, Sharp Haw Penyghent, Ingleborough, Whernside - Mountain leader required ● Annual Pinnacle Challenge ● Cycling Phil Bateman <p>2. Raise Profile of PE and Sport 2020-21</p>



2018-19 - 100 % achieved expected and 15 % were accelerated progress.
2017-2018 smaller cohort - 100% achieved expected and 23% showed accelerated progress.

2016-17

100% achieved expected and 14% showed accelerated progress.

Targeted pupils have responded to actions to increase their physical activity
Data shows 80% of least active pupils have shown an increase in physical activity.

Date from Health and Wellbeing Survey 2018 :

ACTIVITY AT SCHOOL PLAYTIMES:

- 100% of girls responded that they play running/skipping games/tag during school outdoor break times (compared with a Local Authority Average of 87%)
- 86% of boys said they played ball games like football during outdoor playtimes and lunch time. (an increase of 12%)

ENJOY PHYSICAL ACTIVITY

- 72% of girls said they enjoyed physical activities a lot or quite a lot, compared to 100% of boys.
- 87% of boys and 86% of girls are active three times a week or more where they have to breathe harder and faster.

2. Raise Profile of PE and Sport

- Class 5 sports leaders present Spirit awards in weekly celebration assembly which celebrate effort and teamwork.
- Sports events are regular feature of weekly newsletter and are celebrated on Facebook page.
- Visiting athletes (Olympians, Invictus Games and Commonwealth medallists)
- Central display in hall celebrates children's achievements.

3. Increase confidence knowledge and skills of all staff in teaching PE and Sport more effectively

Motivate and reward sports leaders through enrichment eg Wimbledon visit 2021 - other venues to visit? Request tickets?

Ensure sport and activity is a key focus in newsletters and social media.

Update display in hall (reference sporting activities completed during lockdown)

Provide coach to train Class 5 Sport Leaders ensuring they perceive their role to be important, evidenced by the commitment they have shown this year (monitored by the PE Leader. Training Spring 2020.

Engage staff, parents and children in joint fitness (Santa Fun Run)
Dec 2021

Dec 2019 40 runners signed up for the Cowling team.

Raise awareness of Active 30 with children. Staff meeting and staff are now more aware of Active 30 and supporting resources for use with other subjects to ensure children are active at different parts during the day – Go Noodle/Supermovers

3. Increase confidence knowledge and skills of all staff in teaching PE and Sport more effectively 2020-21

CPD to be sourced/delivered in house

Dance Notes to support teaching in Dance

Yoga/Mindfulness - Sportscool training for staff Spring 2021

4. Provide a broader range of sports and activities offered to all 2019-20

Specialist outdoor activity leaders used for walking and geo-caching during visit to Malham /orienteering/hill walking

KS2/Pinnacle walk/ Ks1 fitness



- all pupils access two hours high quality PE every week developed through coaches working alongside teachers. 100% of KS2 children reported enjoying PE lessons. Staff work with coaches in dance, tennis, football, swimming, athletics, gymnastics to develop own practice and report high confidence in teaching PE. This is supported by subject leader.

4. Provide a broader range of sports and activities offered to all pupils

- Outward Bound residential in Lake District Y5/6
- Cycle training and success in county cycling championship at Catterick Y3-6
- Fencing after school club Y5/6
- High Adventure teambuilding activities Year R
- High Adventure climbing competition
- Yorkshire Dance Festival
- Tennis training and competition
- Wimbledon visit 2019
- Running club
- Y3/4 climbing with High Adventure
- High Adventure caving Y5/6

5. Increased Participation in Competitive Sport 2018-2019

- high attendance at cluster sporting events (82% of KS2 children 2018-2019)
- Success in competitive sports: 1st place in Swimming and Netball; 2nd place in football and basket ball; 3rd place in Tag Rugby and Kwik Cricket. 5 finalists through to County Cross Country Championships with Year 4 boy winning his race. Athletics, Cricket, Swimming and Aquatics, Tennis, Basketball, Football, Multi-Skills Festival, Rounders, Rugby League, Rugby Union, Triathlon competed
- School Game Gold Active Mark achieved 2015-16, 2017-2018, 2018-19

- Walks in the Local Area – Treasure Trails to organise for second half of Spring Term/Summer Term
- Yoga/Mindfulness - through Sportscool
- Pinnacle Walk – Summer Term
- Park Run – Running Club
- Continue cycling
- fencing

5. Increased Participation in Competitive Sport

Lockdown has affected interschool sport Autumn term - replaced with virtual competitions.

Children have been taking part in personal challenges

2019-20

- Y3,4,5,6 South Craven Cross Country 25.9.20
- Fallfest Cross country Y3-6 28.9.19
- Cycling coaching former champion cyclist Phil Bateman Y4,5,6 30.9.19
- Additional swimming Y5 and Y6 Sept to Feb 2019-20
- South Craven Mixed football Y3,4,5,6 16.10.19
- Basketball South Craven 6.11.19
- Yorkshire Schools Dance Festival 17.11.19
- Santa Fun Run 24.11.19
- Cross Country Giggleswick 4.12.19
- County Cross Country Dalby Forest
- South Craven Swimming Gala 8.1.20
- Y3/4 climbing 28.1.20
- South Craven Sportshall Athletics 29.1.20
- Ullswater Outward Bound 3.2.20-7.2.20 Y5/6
- Craven Swimming Final 12.2.20
- Skip2bfit workshop whole school 26.2.20
- Climbing competition 2.3.20



	Netball Y5/6 5.3.20 Extra curricular multi-sports club street dance club Tri golf club Cheerleading club Dodgeball club Olympics club
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	July 2020 July 2019 96% (all but one pupil who was unable on medical grounds.)
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	2020 July 2019 96%



<p>What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</p>	<p>2020</p> <p>July 2019 96 %</p>
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>Yes 2018-2019 and 2020-21 2/3 Y6 children now able to swim 1 length, remaining child can confidently swim 1 width and is now developing stamina.</p>



Academic Year: 2020 / 2021	Total fund allocated: £17,160	Date Updated: January 2021		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: <p style="text-align: center;">67%</p>
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Ensure maximum number of children are active at break and lunchtimes with an improved engagement in physical activity.</p>	<p>Y5 & 6 Sports Leaders plan a rota of activities. PE leader to monitor and ensure that it is properly resourced and equipment is well maintained</p> <p>Employ a coach to train Year 5 & 6 Sports Leaders at lunchtimes and extend their knowledge of a range of sports and games to increase activity of children at break.</p> <p>Lunchtime staff to monitor children’s activity levels and identify children who are less active. Encourage target children to take part in activities.</p> <p>Employ specialists to lead one-off sessions to inspire and motivate children using equipment which is accessible and low-cost and therefore sustainable, for example, skipping workshops, , running workshops etc. and will increase activity at playtimes.</p> <p>Employ specialist PE teacher (s) to provide CPD to staff and run extra curricular lunch club twice a week.</p> <ul style="list-style-type: none"> - Dance Rugby Tennis Athletics Ball games <p>Purchase resources to help make our playground as active as possible.</p>	<p>£1300 for equipment plus time for PE leader to train Sports Leaders and monitor provision.</p> <p>£500</p> <p>Jan 2021</p> <p>xxxx% of pupils engaged. Least active targeted.</p>		



Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement 2020-21				Percentage of total allocation: <p style="text-align: center;">29%</p>
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>To use sport as a tool to promote resilience and to improve enjoyment of PE and Sports throughout KS1 and KS2</p> <p>To increase range of sports and physical activities which are available for children to take part in.</p>	<p>To provide a wide range of sporting and fitness activities to appeal to competitive and less competitive pupils.</p> <ul style="list-style-type: none"> - Rugby - Tennis - Athletics - Ball games - fencing - dance - swimming - skipping - outward bound - high adventure - hill walking - aerobics - skipping - running - cycling (catterick championship) - climbing - archery - Yoga 	<p>See key indicator 1 (£9,275)</p>		



<p>To enhance wider curriculum (notably geography – local area and phsce – teamwork & resilience) increasing engagement and making learning activities memorable, as well as more active for pupils.</p>	<ul style="list-style-type: none"> - Fencing after school club Y5/6 - High Adventure teambuilding activities Year R - High Adventure climbing competition - Yorkshire Dance Festival - Tennis training and competition - Wimbledon visit 2021 to inspire and reward - Running club – free to all - Santa Fun Run engages staff, parents and children in joint fitness (Santa Fun Run Dec 2019 - 2021?) - Y3/4 climbing with High Adventure - Workshop with former championship cyclist Autumn 2019 and competition at Catterick Phil Bateman - Girls Football - SoccerHub - Yoga/Mindfulness - <p>Fund activity session at High Adventure for YR enabling children to develop teamworking skills and take part in activities such as archery and blindline.</p>	<p>£2000 coaching and resources</p> <p>£100</p> <p>£10 per treasure trail and cost of coach</p>		
<p>To raise profile of sports and physical activities</p>	<p>Improve quality of Geography Curriculum by using experts to deliver activities at Outward Bound during school residential visits. Treasure Trails in local area to lead a local walk and highlight local geographical and geological features; lead geo-caching activities</p> <p>Once field improvements completed (2022) Improve aspects of the Geography and Maths curriculum by employing a specialist to set up an orienteering course in the school grounds and train staff and pupils to use it.</p>	<p>£500</p> <p>free</p> <p>Jan 24 2020 KD</p> <p>£200</p>		



	<p>Improve SMSC/ British Values through Respect in Sport workshops led by Bradford City</p> <p>Sustain percentage of pupils achieving an ELG in Movement and Handling in 2021. Identify resources needed eg tunnels etc</p> <p>Value participation of pupils in a range of activities in and out of school through presentation of certificates, reports of sporting events in weekly achievement assemblies, weekly newsletter, school website and Facebook page.</p>	Booked -£400		
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<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p> <p>2019-20</p>				<p>Percentage of total allocation:</p> <p>Amount for some Staff CPD is included in figure for employment of specialist PE coaches above. In addition:</p> <p>24%</p>
<p>School focus with clarity on intended impact on pupils:</p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>
<p>To improve the skills and knowledge of staff (teachers, teaching assistants and MSAs) by working alongside specialist sports coaches.</p> <p>Review curriculum ensuring progression in skills and knowledge.</p>	<p>Employ specialist PE teacher (s) to provide CPD to staff at both KS1 and KS2 providing a balance of PE and Sports activities so children experience high quality lessons in both traditional competitive team games and in other non-competitive physical activities. Also, to provide CPD for staff so that the impact is sustainable.</p> <ul style="list-style-type: none"> - Dance - Rugby (Keighley Cougars) - Tennis (Skipton Tennis Club) - Athletics - Ball games <p>Staff feedback forms used to assess skills and knowledge of staff and identify gaps.</p> <p>Time for PE Leader to monitor impact of coaches on enjoyment of PE by pupils and other subject leader tasks</p>	<p>See key indicator 1 (£9,275)</p> <p>£400</p>		



Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
2019-20				Amount for broadening experiences is included in above sections.
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>To identify physical activities pupils like to experience targeting gender and least active.</p> <p>Develop opportunities for pupils to access community sport.</p>	<ul style="list-style-type: none"> - Cycle training and success in county cycling championship at Catterick Y3-6 - Fencing after school club Y5/6 - High Adventure teambuilding activities Year R - High Adventure climbing competition - Yorkshire Dance Festival - Tennis training and competition - Wimbledon visit 2020 to inspire and reward - Running club – free to all - Santa Fun Run engages staff, parents and children in joint fitness (Santa Fun Run Dec 2019) - Y3/4 climbing with High Adventure 	See above sections		-



Key indicator 5: Increased participation in competitive sport 2020-21				Percentage of total allocation: 4%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>To take part in South Craven Schools Cluster Competitive Sports Events and strive to ensure all pupils receive the opportunity to represent school at both district and county level.</p> <p>To continue to develop links with local competitive sports clubs including Wharfedale Rugby Club, Bradford City and Skipton Tennis Club.</p>	<p>Ensure that Cowling School takes part in all cluster events.</p> <p>Ensure that as many children as possible have the opportunity to take part in extra-curricular sporting activity.</p> <p>Provide cover for staff to take pupils to cluster events during the school day:</p> <ul style="list-style-type: none"> Events attended 2019-20 <p>Sports Hall Athletics, Swimming, Cross Country, Football, Climbing,</p>	<p>£1000</p> <p>£200</p>		