

NYCC Facilities Management - Catering – Autumn Term Menu 2017 – Single Menu

	WEEK 1 served w/c: 3 rd and 24 th Sept, 15 th Oct, 12 th Nov, 3 rd Dec	WEEK 2 served w/c: 10 th Sept, 1 st and 22 nd Oct, 19 th Nov, 10 th Dec	WEEK 3 served w/c: 17 th Sept, 8 th Oct, 5 th and 26 th Nov, 17 th Dec
M O N D A Y	Sausages, Mash & Onion Gravy Broccoli & Cauliflower 50/50 Bread ***** Jam Sponge & Custard Fresh Fruit or Yoghurt	Organic Beefburger in a Seeded Bun Chipped Potatoes Peas & Sweetcorn ***** Banana Brownie & Chocolate Sauce Fresh Fruit or Yoghurt	Margherita Pizza Potato Wedges Carrot & Orange Salad Peas **** Chocolate Semolina & Mandarins Fresh Fruit or Yoghurt
T U E S D A Y	Sweet & Sour Chicken Rice Medley of Veg Wholemeal Baguette **** Toffee Apple Crumble Cake Fresh Fruit or Yoghurt	Chicken & Tomato Pasta Bake Green Beans & Cauliflower Wholemeal Bread **** Autumn Berry Sponge & Custard Fresh Fruit or Yoghurt	Minced Beef & Dumplings Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Seed Bread **** Sticky Date & Apple Bar with Cheese
W E D N E S D A Y	Roast Beef & Yorkshire Pudding Roast Parsnips & Carrots Roast Potatoes Sliced Wholemeal Bread ***** Chocolate, Orange Sponge & Chocolate Sauce Fresh Fruit or Yoghurt	Roast Pork with Apple Sauce & Gravy Carrots & Broccoli Parsley Potatoes Herbie Bread ***** Raspberry Bun with Apple Fresh Fruit or Yoghurt	Chicken & Vegetable Pie Creamed Potatoes Carrot & Swede & Peas Crusty Bread ***** Fruity Gingerbread & Custard Fresh Fruit or Yoghurt
T H U R S D A Y	Chicken Korma & Rice Cauliflower & Green Beans Naan Bread ***** Pineapple Shortcake & Custard Fresh Fruit or Yoghurt	Beef Tortilla Wrap Vegetable Rice Veg Sticks ***** Apple Cinnamon Crunch Crumble & Custard Fresh Fruit or Yoghurt	Pasta Bolognese Broccoli & Sweetcorn Garlic Bread **** Arctic Roll & Peaches Fresh Fruit or Yoghurt
F R I D A Y	Battered Fish Tomato Sauce Peas & Carrots Sticks Chipped Potatoes Sunflower Seed Bread **** Fruits of the Forest Flapjack Fresh Fruit or Yoghurt	Breaded Salmon Nibbles Tomato Sauce Broccoli & Carrots Potato Wedges Potato Bread ***** Swiss Bun Fresh Fruit or Yoghurt	Fish Fingers Peas & Baked Beans Chipped Potatoes Wholemeal Bread ***** Plum Upside Down Cake & Custard Fresh Fruit or Yoghurt