



Cowling Community
Primary School
Weekly Newsletter
Friday 16th April



Dear Parents and Carers,

I hope you all had an enjoyable Easter break. After a chilly and snowy start to the week, it has been lovely to see the sun and all the children have been making the most of the weather. As you are aware, one of our priorities on returning to school from lockdown, is boosting physical and mental health. All classes are involved in the Daily Mile and the children's progress is being measured using Yourtrack. Over time the children will run marathons, "travel" across countries and continents! Wherside Class made the most of the sunshine this week and have been pounding the path next to the church, while this morning Class 2 have been whizzing around the playground. It's great to see and they all seem to have so much energy! Next week we are looking forward to welcoming three Outward Bound instructors to Cowling. Working in groups, children in Year 5 and 6 will take part in activities including shelter building, fire making, map reading and orienteering designed to build teamwork, independence, resilience and self-esteem. The benefits of being outdoors, learning how to work with others, as well as appreciate the local environment, are important skills. The Outward Bound ethos focusing on resilience, effort and self-belief are key skills we aim to build in school. The Outward Bound mantra "We are all better than we know" is also very true and it is great to see the children's amazement at what they can achieve. Prince Philip, whose funeral is tomorrow, was patron of the Outward Bound up until 2017 and promoted the work of the charity around the world. On Monday Year 3 and Year 4 children are able to resume swimming lessons at Colne Pool. Thank you to everyone who has supported the lessons. The children benefit from an hour at the pool and develop their confidence, stroke and stamina over the course of the lessons which run up to July 12.

With best wishes,
Susan Marshall
(Headteacher)



Pupils of the week awarded for presentation, attitude to learning, writing, punctuation, Maths, reflection and vocabulary.

Pendle Class: George Lister and Ellie Walker.

Sharp Haw Class: Ethan Wakeman and Harris Ensor

Penyghent Class: Jamie Jones and Layla Smith

Ingleborough Class: Bella Snowden and Zak Jones

Whernside Class: Harry Emmott and Will Cluny

Don't forget your swimming kit!
Lessons resume for Year3 and Year 4
pupils at Colne Pool on Monday
(April 19th).



Roadmap out of Lockdown

Step 2 - not before 12 April

Business and activities

Step 2, which will be no earlier than 12 April, will see the opening of non-essential retail; personal care premises such as hairdressers and nail salons; and public buildings, including libraries and community centres. Indoor leisure facilities such as gyms will also reopen (but only for use by people on their own or in household groups); as will most outdoor attractions and settings including outdoor hospitality venues, zoos, theme parks, and drive-in cinemas. Self-contained accommodation such as campsites and holiday lets, where indoor facilities are not shared with other households, can also reopen.

Hospitality venues will be allowed to serve people outdoors at Step 2 and there will be no need for customers to order a substantial meal with alcoholic drinks and no curfew, although customers must order, eat and drink while seated ('table service'). Wider social contact rules will apply in all these settings to prevent indoor mixing between different households.

Events

While funerals can continue with up to 30 mourners, the number of people able to attend weddings, receptions and commemorative events such as wakes will rise to 15.

Step 3 - not before 17 May

Social contact

As part of Step 3, no earlier than 17 May, the government will look to continue easing limits on seeing friends and family wherever possible, allowing people to decide on the appropriate level of risk for their circumstances.

This means that most legal restrictions on meeting others outdoors will be lifted - although gatherings of over 30 people will remain illegal. Indoors, the Rule of 6 or 2 households will apply - we will keep under review whether it is safe to increase this.

As soon as possible and by no later than Step 3, we will also update the advice on social distancing between friends and family, including hugging. But until this point, people should continue to keep their distance from anyone not in their household or support bubble.

Business and activities

Most businesses in all but the highest risk sectors will be able to reopen. In all sectors, COVID-Secure guidance will remain in place and businesses may not cater for groups bigger than the legal limits. Indoor hospitality will reopen - and as in Step 2, venues will not have to serve a substantial meal with alcoholic drinks; nor will there be a curfew. Customers will, however, have to order, eat and drink while seated.

Other indoor locations to open up in Step 3 include indoor entertainment venues such as cinemas and children's play areas; the rest of the accommodation sector, including hotels, hostels and B&Bs; and indoor adult group sports and exercise classes. The government will also allow some larger performances and sporting events in indoor venues with a capacity of 1,000 people or half-full (whichever is a lower number), and in outdoor venues with a capacity of 4,000 people or half-full (whichever is a lower number). In the largest outdoor seated venues, where crowds can be spread out, up to 10,000 people will be able to attend (or a quarter-full, whichever is lower).

Events

Up to 30 people will be able to attend weddings, receptions and wakes, as well as funerals. This limit will also apply to other types of significant life events including bar mitzvahs and christenings.

Review of social distancing

Finally, before Step 4 begins, the government will complete a review of social distancing and other long-term measures that have been put in place to cut transmission. This will inform decisions on the timing and circumstances under which the rules on 1 metre plus, the wearing of face coverings and other measures may be lifted. This will also inform guidance on working from home - which should continue wherever possible until this review is complete.

Step 4 - not before 21 June

Social contact

By Step 4 which will take place no earlier than 21 June, the government hopes to be in a position to remove all legal limits on social contact.

Business, activities and events

We hope to reopen remaining premises, including nightclubs, and ease the restrictions on large events and performances that apply in Step 3. This will be subject to the results of a scientific Events Research Programme to test the outcome of certain pilot events through the spring and summer, where we will trial the use of testing and other techniques to cut the risk of infection. The same Events Research Programme will guide decisions on whether all limits can be removed on weddings and other life events.

As we move through each of these phases in the roadmap, we must all remember that COVID-19 remains a part of our lives. We are going to have to keep living our lives differently to keep ourselves and others safe. We must carry on with 'hands, face, space'. Comply with the COVID-Secure measures that remain in place. Meet outdoors when we can and keep letting fresh air in. Get tested when needed. Get vaccinated when offered. If we all continue to play our part, we will be that bit closer to a future that is more familiar.